

# Automatic Negative Thoughts Four Questions

spontaneous, impulsive, instinctive, automatic, mechanical mean acting or activated without deliberation. spontaneous implies lack of prompting and connotes naturalness. AUTOMATIC definition: 1. An automatic machine or device is able to operate independently of human control: 2. An.... Learn more. automatic: Acting or operating in a manner essentially independent of external influence or control. Automatic, involuntary, spontaneous all mean not under the control of the will. That which is automatic, however, is an invariable reaction to a fixed type of stimulus: The patella reflex is automatic. Apr 3, 2026 · Adjective automatic (comparative more automatic, superlative most automatic) (superlative dubious) Capable of operating without external control or intervention. I can't drive her car because it has a manual transmission instead of an automatic transmission. [=a system that changes gears at different speeds without direct control by the driver] Acting or operating in a manner essentially independent of external influence or control: an automatic light switch; a budget deficit that triggered automatic spending cuts. Automatic definition: Acting or operating in a manner essentially independent of external influence or control. AUTOMATIC definition: having the capability of starting, operating, moving, etc., independently. See examples of automatic used in a sentence. An automatic machine or device is one that has controls that enable it to perform a task without needing to be constantly operated by a person. Automatic methods and processes involve the use of such ...

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