

# 30 Day Brazen Ab Challenge

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30 is the largest number with the property that all smaller numbers relatively prime to it are prime.  
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The number of days in the months April, June, September and November (and in unusual circumstances February—see February 30).  
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30 is the index number for Fibonacci number,  $F_{30} = 832040 = 5 \cdot 11 \cdot 23 \cdot 31 \cdot 61$  = the largest Fibonacci number with 6 digits. 30 is the smallest integer with three distinct prime

divisors. Nov 17, 2021 · With that water-treading sequel, she'd zigged to making the weakest of her four albums. With "30," she's zagged to a richer, more compelling collection that feels like her best.

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Calculator

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Adele's '30' Album Review: Her Rawest, Riskiest and Best Record

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